"We knew
before we were born
that we were coming to the Earth
for bodies and experience
and that we would have joys and sorrows,
pain and comforts,
ease and hardships,
health and sickness, successes and disappointments.
and we also knew that we would die.
We accepted all these eventualities with a glad heart,
eager to accept both the
favorable and the unfavorable."
Spencer W. Kimball